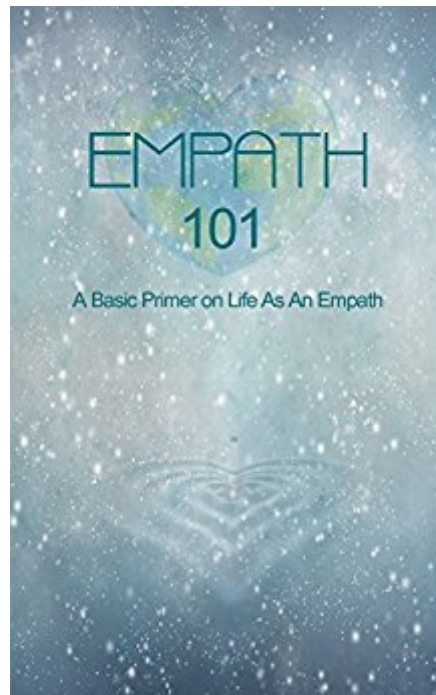


The book was found

# Empath 101: A Basic Primer On Life As An Empath



## Synopsis

A basic primer on life as an Empath. While no one book can completely cover everything an Empath needs to know, this guide tries to touch base on important topics and offer advice, explanations and guidelines. Topics include: What is an Empath? Are you an Empath? Empaths and Relationships Shielding and Grounding Crystals and Herbs Specifically for Empaths Needs

## Book Information

File Size: 1676 KB

Print Length: 74 pages

Publication Date: December 6, 2014

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00QOFJEOI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #216,246 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #63

in Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Reference #177

in Kindle Books > Religion & Spirituality > New Age & Spirituality > Reference #2003 in Kindle

Store > Kindle eBooks > Religion & Spirituality > Occult

## Customer Reviews

I have always been able to read people. I am usually spot on. I rarely read someone wrong. I was working as a mental health therapist & had a new client I had never met before. I called her into my office, she sat across from me, & I read her. I knew that her husband had passed away. I gave her my background & told her that I could tell that she was suffering. She asked if I read her chart, I replied no. I did not ask her if her husband passed away. She said my husband died Thursday & it was Tuesday. This has happened to me too many times to count. I also can climb into people's heads & feel how they are feeling or how they felt before, during, & after committing a crime. A close friend of mine was sent to prison after being set up. I was asked to testify on his behalf. I wanted to help him, but knew that I would feel everything he did. The day of, I was in bed at 8:15 am, & he

called at 8:20am to see if I was coming. I was going to hide in bed all weekend. I went, the proceedings had began. I testified, & he was sentenced. As soon as they cuffed him it began. I took on all of his emotions! Fear, shame, losing his family, confusion, sadness, on & on. We were ordered out of the courtroom & his wife hugged me, & I took all she was feeling as well. I was spent when I got home. I knew I had something but had no idea what. I always said I didn't know if it is a blessing or a curse. Now I can know.

This book provides great resources & discusses important topics without getting caught up in conjecture. It quite simply is Empath 101.

Just amazing and very informative. My girlfriend is an empath and it help me realize what her gift was all about because I had no clue. Now I use what I learned to understand what she goes through.

My daughter is in her 3rd year of psychology at University. She came home one day and told me she thought I was an Empath as well as herself. This book is the first one I've read on the subject. It is clear and concise. I now know why I'm a ball of emotions. I've begun to become aware of what I'm feeling and decider what's mine and what's not. I think this is a great introductory book. I recommend it.

Wonderful info. Lots of eye opening facts that made me put my phone down and mentally digest what I read. Insightful but I didn't want the book to end. A great short read. I learned a lot.

Lots of information. Going behave 2 re read to make sure I got all that. Love the Crystal n. Herb chapters

I bought 3 different books on Kendle as a beginner learning about my empath abilities and this is my favorite.

Enjoyed the book.

[Download to continue reading...](#)

Empath 101: A Basic Primer On Life As An Empath  
Psychic Empath: The Ultimate Guide to Psychic development, and to understand your Empath abilities.:  
Psychic Empath: Increase in understanding

of Psychic ... guide, Mindfulness, clairvoyant Book 3) Empath: 16 Simple Habits To Protect Yourself, Feel Better & Enjoy Life Even If You Are Highly Sensitive: Secrets To Thrive As An Empath (Survival & Healing ... Empaths & Highly Sensitive People (HSP)) Empath: How to Thrive in Life as a Highly Sensitive - Meditation Techniques to Clear Your Energy, Shield Your Body and Overcome Fears (Empath Series Book 2) Psychic Empath: The Ultimate Guide to Psychic development, and to Understand Your Empath Abilities Empath: Empath Personal and Spiritual Healing: Harnessing Your Gift for the Highly Sensitive Person Empath Healing: Thriving and Surviving to Protect Yourself from Negative Energies and Beliefs: How to Embrace and Thrive with Your Empath Gift Empath: Feel to Live: A Psychological Take on Being an Empath Empath: How to Stop Worrying and Eliminate Negative Thinking as a Sensitive Person (Empath Healing, Stress Reduction, Anxiety Relief, Phobia Relief) Philosophy 101: From Plato and Socrates to Ethics and Metaphysics, an Essential Primer on the History of Thought (Adams 101) 101 Facts... Stan Lee: 101 Facts About Stan Lee You Probably Never Knew (facts 101 Book 7) Liderazgo 101 (Leadership 101): Lo que todo lider necesita saber (What Every Leader Needs to Know) (101 Series) WP205 - Bastien Piano Basics - Theory - Primer Level (Primer Level/Bastien Piano Basics Wp205) WP210 - Bastien Piano Basics - Performance - Primer Level (Primer Level/Bastien Piano Basics Wp210) American Public Education Law Primer (Peter Lang Primer) Primer of Biostatistics, Seventh Edition (Primer of Biostatistics (Glantz)(Paperback)) Arts-Based Research Primer (Peter Lang Primer) The Empath's Survival Guide: Life Strategies for Sensitive People Handicapping 101: A Horse Racing Primer EMPATHY: I Am An Empath. Empaths Survival Guide: For Empathic and Highly Sensitive People. Discover Your Empathy Traits! (The Art of Growth Book 3)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)